



MARITIME SPOR SUPPORT UNIT

Building capacity for patient-oriented research and improved health outcomes for Maritime communities

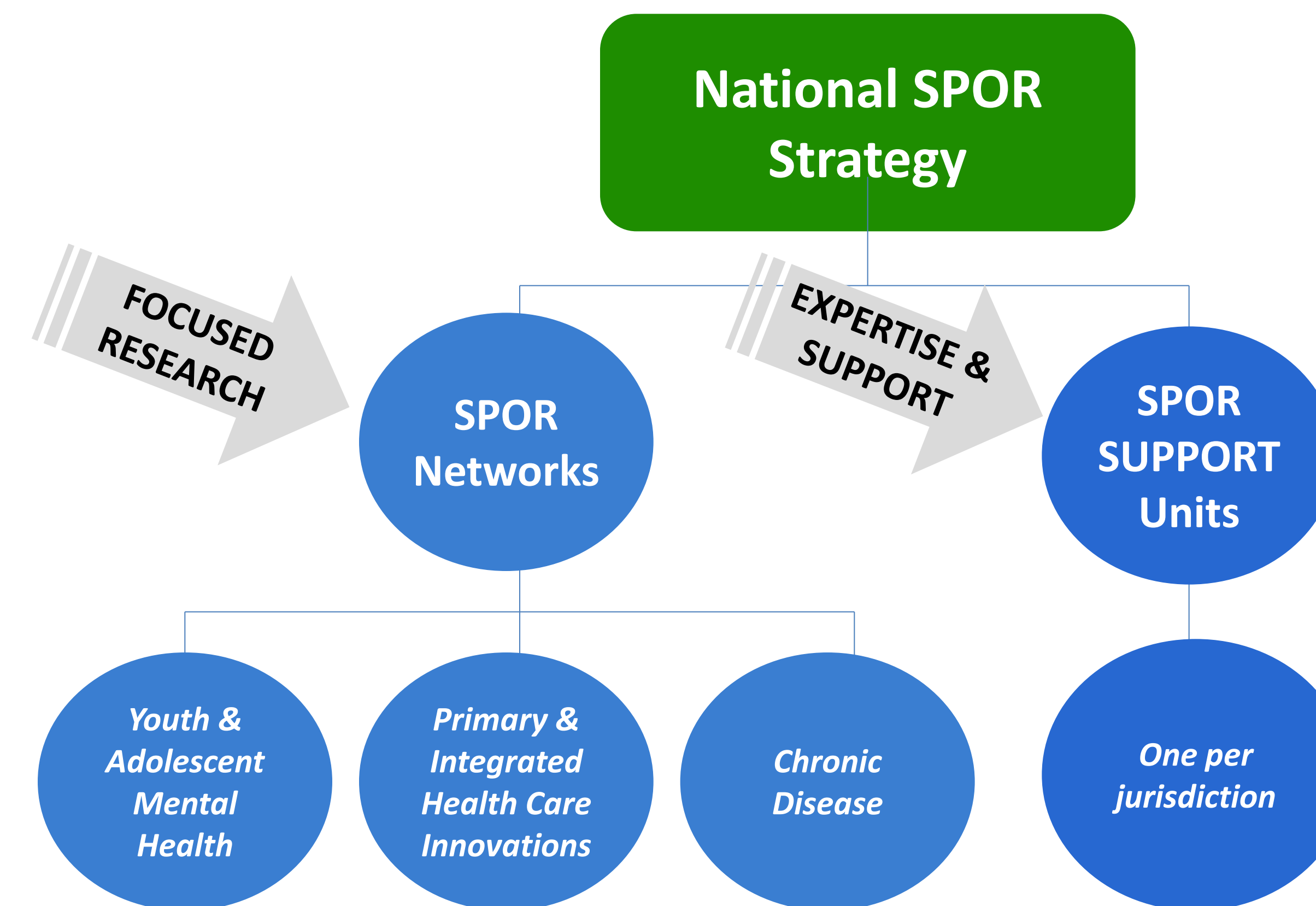
Welcome to the MSSU!

- The **Maritime SPOR SUPPORT Unit** (MSSU) is dedicated to supporting patient-oriented research (**Box 1**) and health services decision making in New Brunswick, Nova Scotia and Prince Edward Island.
- The MSSU and other SUPPORT Units across Canada are administered by the **Strategy for Patient-Oriented Research** (SPOR), a Canadian Institutes of Health Research (CIHR) initiative focused on more effectively integrating health research into care (**Figure 1**).
- The MSSU engages with patients from across the Maritimes and collaborates with the research community on governance, priority setting, and research planning.
- Through this meaningful and active collaboration, the MSSU contributes to an enhanced health system, engaged health research, and improved health outcomes.

MSSU Services

- The MSSU offers support to researchers, clinicians, decision makers, and trainees – at any stage of the research process – in the areas of **patient engagement, knowledge translation, evidence synthesis, privacy and ethics, and study design and methodology**, as well as support obtaining and analyzing **administrative health data**.
- The MSSU provides opportunities for **career development, training, capacity building, and networking** and **mentorship** with Maritime researchers and health policy makers.
- The MSSU also partners with patients, researchers and service providers to conduct research in which:
 1. **Patients** are involved, ensuring questions and results are relevant;
 2. **Decision-makers and clinicians** are involved, ensuring research is integrated into policy and practice; and
 3. **Patient outcomes** and the effectiveness and efficiency of the health care system are improved.

Figure 1. Elements of SPOR



For more information, visit: <http://cihr-irsc.gc.ca/e/41204.html>.

Box 1. What is patient-oriented research?

Patient-oriented research is about ensuring that the right patient receives the right intervention at the right time. Patient-oriented researchers actively engage patients as partners in the research. The level of engagement can vary depending on the question.



SEEKING PATIENT INPUT TO IDENTIFY APPROPRIATE RESEARCH QUESTIONS



IDENTIFYING ADDITIONAL OUTCOMES TO MEASURE



DETERMINING THE BEST WAYS TO SHARE RESULTS WITH PATIENT COMMUNITY

SIGN UP

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SUPPORT

get help with your patient-oriented research

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FUNDING

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<http://bit.ly/MSSUfund>

TRAINING

attend workshops and training sessions

<http://bit.ly/MSSUevents>

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